

Chief, Physical Therapist Message

LTC Theresa Schneider, Chief Physical Therapist Section

I've lost count of how many times I have tried to write this quarter's entry for the Medallion. Every time I sat down to gather my thoughts, instead of gathering and becoming organized they just multiplied and became unruly. There is just so much stuff; it's hard to keep pace.

I suspect many folks are experiencing similar sensory overloads – too many issues needing to be resolved, too many conflicting demands, not enough resources. So, instead of adding to your overload with a discombobulated arrangement of the thoughts occupying my brain, I'll provide one thought for Army PT as we start the New Year: Take care of your patients and take care of each other – everything else is background noise.

At the end of the month I'll be posting the latest Army PT updates on the AMEDD Knowledge Exchange at <https://ke2.army.mil/synergy/main.php?cid=28>. When you get a free moment, I invite you to log in to catch up on what's new. Please send me an email if you experience difficulty accessing the site.

Have a great year – LTC S